



**Careers Information**  
**Guide for Parents/Carers**  
**and Early Leavers**

If you are leaving college and are unsure what to do next we have compiled a list of resources in this guide to help you. Leaving College may not have been part of your plan and you may be concerned about what to do next.

There are many options available to you with your future progression. This guide also gives you some suggestions as to how you can start your research and planning.

### **What is Raising the Participation Age (RPA)?**

The government has increased the age to which all young people in England are required to continue in education or training. Young people are still allowed to leave school at 16, but must continue in some form of learning **until the age of 18**.

### **What counts as learning?**

- stay in full-time education, for example at a college
- start an apprenticeship or traineeship
- spend 20 hours or more a week working or volunteering, while in part-time education or training

### **What is an apprenticeship?**

Apprenticeships combine a full-time job with training. They provide you with the skills you need for your chosen career that will also lead to nationally recognised qualifications. As an apprentice, you earn while you learn.

### **What is a traineeship?**

Designed to help young people who don't yet have the appropriate skills or experience, traineeships provide the essential work preparation training to secure an apprenticeship or employment.

## What to do next:

Take a deep breath and don't panic!

Make a list of what is important to you, your strengths and interests. This will help you begin to think about what your next step might be.

Review different options that are available. You can use this guide to help you explore these.

Talk to friends or family about your skills and options you are considering. You can also speak to a Careers Adviser at College to help you to review different options (email [careers@bhasvic.ac.uk](mailto:careers@bhasvic.ac.uk)).

### Apprenticeships, Traineeships and Degree Apprenticeships

The **National Apprenticeship Service** page is the main site for researching vacancies and making applications  
<https://www.gov.uk/apply-apprenticeship>

**Love Apprenticeship** provide vacancies and advice  
<http://www.loveapprenticeship.com/jobs/performing-arts-broadcast-and-media/east-sussex/#browsing>

The latest apprenticeship campaign from the **National Apprenticeship Service** - find out more:  
<https://www.getingofar.gov.uk/>

The **Apprenticeship Guide** is a one-stop-shop for anyone looking to find out more about apprenticeships and offers a whole host of information to help college leavers make the right career choice. <http://www.apprenticeshipguide.co.uk/>

The **Apprenticeship Support and Knowledge for Schools** project has been commissioned by the National Apprenticeship Service, part of the Skills Funding Agency (SFA), to support the Government's target of achieving 3 million apprenticeship starts by 2020.  
<http://amazingapprenticeships.com/>

**Apprenticeships in Sussex** can help young people to search for apprenticeship, traineeship and pre-employment training in Sussex <http://www.apprenticeships-in-sussex.com/>

**Rate my apprenticeship** has reviews of employers and national database of vacancies  
<https://www.ratemyapprenticeship.co.uk/>

**Brighton and Hove Jobs' apprenticeship vacancies** in the local area  
<http://www.brightonandhovejobs.com/jobs/apprenticeship-/>

**Which? Guide to higher and degree apprenticeships**  
<http://university.which.co.uk/teachers/introduce-higher-education-options/higher-and-degree-apprenticeships-guide-download>

**Traineeships, preparation for an apprenticeship, to develop skills and confidence.**  
<https://www.findapprenticeship.service.gov.uk/traineeshipsearch>  
<https://www.westsussex.gov.uk/education-children-and-families/your-space/earn/traineeships/>  
<https://www.c360.org.uk/education/apprenticeshipswex/traineeships>

## Exploring career options

This guide provides a good overview of how to support young people making career choices  
<http://www.careersadviceforparents.org/p/choosing-career-paths.html>

The **National Careers Service** has a good overview of different job profiles which includes their entry requirements and training paths, duties and hours of work:  
<https://nationalcareersservice.direct.gov.uk/home>

**Explore career videos:** <http://icould.com/>

**Career Planner Questionnaire:**  
<https://www.prospects.ac.uk/planner>

**SACU Spartan Test:** [http://sacu-student.com/?page\\_id=2850](http://sacu-student.com/?page_id=2850)

**Target Careers** has information by sector and a parents section of the website <https://targetcareers.co.uk/>

**Plotr** has information on a wide range of careers <http://www.plotr.co.uk/>

**OCR Careers** page for learners and parents <http://www.ocr.org.uk/ocr-for/learners-and-parents/careers/>

**Careers websites offering information on a range of options**

<https://www.brightknowledge.org/>

<http://www.notgoingtouni.co.uk/>

<https://successatschool.org/>

## Distance Learning

**Short courses** which may be helpful:

<https://www.futurelearn.com>

<https://www.khanacademy.org/>

<http://www.open.edu/openlearn/free-courses>

<https://www.codecademy.com/>

<https://www.creativefuture.org.uk/>

<https://www.sussexrecoverycollege.org.uk>

**Distance learning higher education courses**

<http://www.open.ac.uk/>

## Finding work

**Employability advice:**

<https://www.barclayslifefskills.com/>

<http://beach.brightonandhovejobs.com/>

**CVs and Covering letters:**

<https://nationalcareersservice.direct.gov.uk/get-a-job/cv-sections>

<http://beach.brightonandhovejobs.com/applying-for-a-job/your-cv/>

<https://www.reed.co.uk/career-advice/>

<https://www.barclayslifefskills.com/i-want-to-use-my-online-presence-to-get-ahead/started-work/cv-builder>

## Further education

You may wish to look at **other local colleges:**

[http://www.theargus.co.uk/education/search/?school=&post\\_code=Brighton&distance=5&phase%5B0%5D=is\\_post16&p=0](http://www.theargus.co.uk/education/search/?school=&post_code=Brighton&distance=5&phase%5B0%5D=is_post16&p=0)

	<p><b>Adult Education Providers:</b>  <a href="https://www.brighton-hove.gov.uk/content/children-and-education/community-learning-team/adult-learning-providers-and-courses">https://www.brighton-hove.gov.uk/content/children-and-education/community-learning-team/adult-learning-providers-and-courses</a></p> <p><b>Further Education Colleges:</b>  <a href="http://ccb.ac.uk/">http://ccb.ac.uk/</a>  <a href="http://www.sussexdowns.ac.uk/">http://www.sussexdowns.ac.uk/</a>  <a href="https://www.plumpton.ac.uk/">https://www.plumpton.ac.uk/</a>  <a href="http://www.northbrook.ac.uk/">http://www.northbrook.ac.uk/</a>  <a href="http://www.centralsussex.ac.uk/">http://www.centralsussex.ac.uk/</a></p>
<p><b>Not in Education, Training or Employment (NEET)</b></p>	<p>There are Information, Advice and Guidance services run by Local Authorities who can support young people not in education, employment or training. The service to refer to depends on where a young person lives.</p> <p><b>Brighton and Hove Youth Employability Service:</b>  <a href="http://www.brighton-hove.gov.uk/content/children-and-education/youth-service/youth-employability-service">http://www.brighton-hove.gov.uk/content/children-and-education/youth-service/youth-employability-service</a></p> <p><b>East Sussex Connexions:</b>  <a href="https://www.c360.org.uk/education/careers/criconnexions">https://www.c360.org.uk/education/careers/criconnexions</a></p> <p><b>West Sussex Find It Out Centres:</b>  <a href="https://www.westsussex.gov.uk/education-children-and-families/your-space/life/finditout-centres/">https://www.westsussex.gov.uk/education-children-and-families/your-space/life/finditout-centres/</a></p> <p><b>The Prince's Trust</b> runs offers support and runs programmes to build skills and work experience  <a href="https://www.princes-trust.org.uk/">https://www.princes-trust.org.uk/</a></p> <p><b>National Citizen Service</b> summer programme for 16 - 17 year olds <a href="http://www.ncsyas.co.uk/">http://www.ncsyas.co.uk/</a></p>
<p><b>Qualifications</b></p>	<p><b>Government page on what qualifications levels mean</b>  <a href="https://www.gov.uk/what-different-qualification-levels-mean/list-of-qualification-levels">https://www.gov.uk/what-different-qualification-levels-mean/list-of-qualification-levels</a></p> <p><b>Informed choices</b> <a href="http://russellgroup.ac.uk/for-students/school-and-college-in-the-uk/subject-choices-at-school-and-college/">http://russellgroup.ac.uk/for-students/school-and-college-in-the-uk/subject-choices-at-school-and-college/</a></p>
<p><b>Volunteering</b></p>	<p><a href="https://do-it.org/">https://do-it.org/</a>  <a href="http://www.iwill.org.uk/">http://www.iwill.org.uk/</a>  <a href="http://www.communitybase.org/volunteers">http://www.communitybase.org/volunteers</a>  <a href="http://www.bhcommunityworks.org.uk/volunteering/looking-volunteer/">http://www.bhcommunityworks.org.uk/volunteering/looking-volunteer/</a></p>